

FINLANDIA
UNIVERSITY

Suomi College of Arts & Sciences
Academic Progress Sheet 2022 – 2023

DEGREE: BACHELOR OF ARTS – Psychology

MINOR: _____

NAME: _____

ADVISOR: _____

STUDENT NUMBER: _____

ANTICIPATED GRAD. DATE: _____

CORE CURRICULUM REQUIREMENTS 39 credits

Proficiencies:

ENG 103*	College English I	3
ENG 104*	College English II	3
COM 108	Fundamentals of Public Speaking	3
MAT 144 or higher	Quantitative Reasoning or higher	4

Perspectives:§

UNS 115	Sisu Seminar	1
REL/FNS	Religion or Finnish Studies	3
BIO, CHM, or PHS	Natural Science with Lab	4
Humanities+	Three Courses	9
Social Sciences++	Three Courses	9

- * Must be successfully completed before taking WI courses.
 § No more than six credits of one discipline, except up to eight credits of the same foreign language.
 + Includes courses in ARD, COM, DRM, ENG (but not ENG 101), FNS, HIS, HUM, MUS, PHL, REL, or foreign language.
 ++Includes courses in ANT, COM, ECN, ENV, GEO, GSS, HIS, PLS, PSY, and SOC.

PSYCHOLOGY MAJOR REQUIREMENTS 41 credits

Students majoring in psychology develop the skills to study behavior and mental processes in humans and animals. The psychology major allows students to develop a focus of interest in order to prepare for graduate training in both applied and research related fields. The psychology degree also prepares students for a variety of different career paths including social and human services, careers in community mental health, governmental agencies and other fields requiring strong interpersonal skills.

Core Requirements 13 credits

PSY 100	The Psychology Major	1
PSY 101	Introduction to Psychology	3
PSY 353	Research Methods in Psychology	3
PSY 354	Quantitative Analysis in the Social Sciences	3
PSY 380	History and Systems	3

Subfield Courses 9 credits

Choose three courses from the following:

PSY 210	Social Psychology	3
PSY 220	Personality Psychology	3
PSY 230	Cognitive Psychology	3
PSY 240	Abnormal Psychology	3
PSY 250	Topics in Psychology	3
PSY 265	Developmental Psychology	3
PSY 290	Learning and Behavior	3

Psychology Electives 15 credits

Choose five courses from the following:

PSY 302	Emotion	3
PSY 303	Psychology of Gender	3
PSY 305	Human Sexuality	3
PSY 313	Stereotypes and Prejudice	3
PSY 331	Social Cognition	3
PSY 333	Human Neuropsychology	3
PSY 345	Substances of Abuse and Addiction	3
PSY 350	Topics in Psychology	3
PSY 370	Introduction to Counseling	3
PSY 389	Internship in Psychology	3
PSY 395	Experimental Psychology	3
PSY 396	Readings in Psychology	3
PSY 397	Directed Research in Psychology	3

Senior Capstone Project 4 credits

PSY 495	Capstone Prep Course	1
PSY 499	Senior Capstone	3

MINOR AND/OR OPEN ELECTIVES 40 credits

See the Campus Catalog for available minors and their requirements.

TOTAL CREDITS: 120

ADDITIONAL DEGREE REQUIREMENTS

- Count no more than 12 credits of WEL performance towards graduation.
- Complete at least 30 of the last 36 credits at Finlandia immediately prior to graduation.
- Complete at least 30 credits at the 300/400 level.
- Complete at least 18 credits for the major at Finlandia University.
- Attain a minimum cumulative GPA of 2.0.
- Attain a minimum grade of C- for each course in the major.
- Complete at least three WI courses from at least two disciplines.

BACHELOR OF ARTS – PSYCHOLOGY 2022 – 2023 SUGGESTED COURSE SEQUENCE

FIRST SEMESTER		15 CREDITS
UNS 115	Sisu Seminar	1
ENG 103	College English I	3
Science	Natural Science with Lab	4
PSY 101	Introduction to Psychology	3
PSY 100	The Psychology Major	1
COM 108	Fundamentals of Public Speaking	3

THIRD SEMESTER		15 CREDITS
PSY 2xx	Subfield Course	3
Perspectives	Humanities or Social Science	3
Perspectives	Humanities or Social Science	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

FIFTH SEMESTER		15 CREDITS
PSY 353	Research Methods in Psychology	3
PSY 3xx	Psychology Electives Course	3
Minor/Elective	Minor or Open Elective	3
Perspectives	Humanities or Social Science	3
Perspectives	Humanities or Social Science	3

SEVENTH SEMESTER		16 CREDITS
PSY 3xx	Psychology Electives Course	3
PSY 495	Capstone Prep Course	1
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

SECOND SEMESTER		14 CREDITS
ENG 104	College English II	3
Math	MAT 144 or higher	4
PSY 2xx	Subfield Course	3
Minor/Elective	Minor or Open Elective	1
Perspectives	Humanities or Social Science	3

FOURTH SEMESTER		15 CREDITS
REL/FNS	Religion or Finnish Studies	3
PSY 2xx	Subfield Course	3
PSY 3xx	Psychology Electives Course	3
Perspectives	Humanities or Social Science	3
Minor/Elective	Minor or Open Elective	3

SIXTH SEMESTER		15 CREDITS
PSY 354	Quantitative Analysis in the SS	3
PSY 380	History and Systems	3
PSY 3xx	Psychology Electives Course	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

EIGHTH SEMESTER		15 CREDITS
PSY 499	Senior Capstone	3
PSY 3xx	Psychology Electives Course	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

PROGRAM CHECKLIST

CORE CURRICULUM			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
ENG 103	3	_____	_____
ENG 104	3	_____	_____
COM 108	3	_____	_____
MAT _____	4	_____	_____
UNS 115	1	_____	_____
REL/FNS	3	_____	_____
Science	4	_____	_____
Humanities	9	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Social Sciences	9	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Core Requirements			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
PSY 100	1	_____	_____
PSY 101	3	_____	_____
PSY 353	3	_____	_____
PSY 354	3	_____	_____
PSY 380	3	_____	_____

Subfield Courses			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Psychology Electives			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

SENIOR CAPSTONE			
PSY 495	1	_____	_____
PSY 499	3	_____	_____

MINOR AND/OR OPEN ELECTIVES			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____