

**FINLANDIA**  
UNIVERSITY

**Suomi College of Arts & Sciences**  
Academic Progress Sheet 2022 – 2023

**DEGREE: BACHELOR OF ARTS – Art Therapy**

NAME: \_\_\_\_\_

ADVISOR: \_\_\_\_\_

STUDENT NUMBER: \_\_\_\_\_

ANTICIPATED GRAD. DATE: \_\_\_\_\_

**CORE CURRICULUM REQUIREMENTS 39 credits**

<b>Proficiencies:</b>		
ENG 103*	College English I	3
ENG 104*	College English II	3
COM 108	Fundamentals of Public Speaking	3
MAT 144 or higher	Quantitative Reasoning or higher	4
<b>Perspectives:§</b>		
UNS 115	Sisu Seminar	1
REL/FNS	Religion or Finnish Studies	3
BIO, CHM, or PHS	Natural Science with Lab	4
Humanities+	Three Courses	9
Social Sciences++	Three Courses	9

- \* Must be successfully completed before taking WI courses.  
 § No more than six credits of one discipline, except up to eight credits of the same foreign language.  
 + Includes courses in ARD, COM, DRM, ENG (but not ENG 101), FNS, HIS, HUM, MUS, PHL, REL, or foreign language.  
 ++Includes courses in ANT, COM, ECN, ENV, GEO, GSS, HIS, PLS, PSY, and SOC.

**ART THERAPY MAJOR REQUIREMENTS 58 credits**

Liberal Studies is an interdisciplinary program that is built on the liberal arts General Education program. The Art Therapy major is designed to provide students with an integrated understanding of the role art plays in relation to human psychology. An Art Therapy degree lays the foundation necessary for students to continue on to a Master's Degree in Art Therapy which is the required degree for the field.

**Art History Requirements 9 credits**

HIS 103	History of Art I	3
HIS 203	History of Art II	3
HIS 303	History of Art III	3

**Art & Design Core Requirements 27 credits**

ARD 101	Drawing Foundations	3
ARD 114	Digital Design Foundations	3
ARD 124	Ceramic Design I	3
ARD 173	Color and Composition	3
ARD 205	Weaving and Off-Loom Structures	3
ARD 224	Ceramic Design II	3
ARD 273	Painting Fundamentals	3
ARD 276	Sculpture	3
ARD 370	Figure Sculpting: Artist Anatomy 2	3

**Psychology Core Requirements 18 credits**

PSY 101	Introduction to Psychology	3
PSY 240	Abnormal Psychology	3
PSY 265	Developmental Psychology	3
PSY 353	Research Methods in Psychology	3
PSY 370	Introduction to Counseling	3
PSY 380	History & Systems	3

**Senior Capstone Project 4 credits**

ATR 495	Capstone Prep Course	1
ATR 499	Senior Capstone	3

**ELECTIVES 23 credits**

Choose six courses from the list below. Electives must be at the 300 level or above.

ARD 311	Design Research Skills	3
ARD 336	Design Studio II	3
ARD 354	Jacquard Design	3
ARD 360	Tech. Aspects of Ceramic Design	3
ARD 403	Contemporary Criticism	3
ARD 424	Studio Practices in Ceramic Design	3
ARD 425	Studio Practices in Fiber / Fashion	3
ARD 454	Studio Practices in Ceramic Design II	3
ARD 461	Adv. Tech. Aspects of Fiber / Fashion Design	3
ATR 389	Internship in Art Therapy	3
HIS 406	Design and Culture	3
PSY 350	Topics in Psychology	3
PSY 395	Experimental Psychology	3
PSY 3__	300-level Psychology Elective	3

Choose five credits of open electives.

__ XXX	Open Elective	3
__ XXX	Open Elective	2

**TOTAL CREDITS: 120**

**ADDITIONAL DEGREE REQUIREMENTS**

- Count no more than 12 credits of WEL performance towards graduation.
- Complete at least 30 of the last 36 credits at Finlandia immediately prior to graduation.
- Complete at least 30 credits at the 300/400 level.
- Complete at least 18 credits for the major at Finlandia University.
- Attain a minimum cumulative GPA of 2.0.
- Attain a minimum grade of C- for each course in the major.
- Complete at least three WI courses from at least two disciplines.

## BACHELOR OF ARTS – ART THERAPY 2022 – 2023 SUGGESTED COURSE SEQUENCE

<p><b>FIRST SEMESTER</b> <span style="float: right;"><b>13 CREDITS</b></span></p> <p>UNS 115 Sisu Seminar 1            ARD 101 Drawing Foundations 3            ARD 173 Color and Composition 3            ENG 103 College English I 3            Perspectives ARD 100 Recommended 3</p> <p><b>THIRD SEMESTER</b> <span style="float: right;"><b>15 CREDITS</b></span></p> <p>ARD 124 Ceramic Design I 3            ARD 205 Weaving and Off-Loom Structures 3            COM 108 Fundamentals of Public Speaking 3            HIS 103 History of Art I 3            REL/FNS Religion or Finnish Studies 3</p> <p><b>FIFTH SEMESTER</b> <span style="float: right;"><b>15 CREDITS</b></span></p> <p>ARD 273 Painting Fundamentals 3            PSY 265 Developmental Psychology 3            HIS 303 History of Art III 3            Perspectives Humanities or Social Science 3            Perspectives Humanities or Social Science 3</p> <p><b>SEVENTH SEMESTER</b> <span style="float: right;"><b>16 CREDITS</b></span></p> <p>ARD 370 Figure Sculpting: Artist Anatomy 2 3            PSY 353 Research Methods in Psychology 3            Perspectives Humanities or Social Science 3            ATR 495 Capstone Prep Course 1            Elective Art Therapy Elective 3            Elective/Minor Open Elective or Minor 3</p>	<p><b>SECOND SEMESTER</b> <span style="float: right;"><b>16 CREDITS</b></span></p> <p>ARD 224 Ceramic Design II 3            CHM 131 Chemistry of Artists Materials 4            ENG 104 College English II 3            PSY 101 Introduction to Psychology 3            Perspectives Humanities or Social Science 3</p> <p><b>FOURTH SEMESTER</b> <span style="float: right;"><b>16 CREDITS</b></span></p> <p>ARD 114 Digital Design Foundations 3            HIS 203 History of Art II 3            MAT 146 Geometry for Artists 4            PSY 240 Abnormal Psychology 3            Elective Art Therapy Elective 3</p> <p><b>SIXTH SEMESTER</b> <span style="float: right;"><b>15 CREDITS</b></span></p> <p>ARD 276 Sculpture 3            PSY 370 Introduction to Counseling 3            PSY 380 History &amp; Systems 3            Elective Art Therapy Elective 3            Elective Art Therapy Elective 3</p> <p><b>EIGHT SEMESTER</b> <span style="float: right;"><b>14 CREDITS</b></span></p> <p>Perspectives Humanities or Social Science 3            ATR 499 Senior Capstone 3            Elective Art Therapy Elective 3            Elective Art Therapy Elective 3            Elective/Minor Open Elective or Minor 2</p>
---	---

### PROGRAM CHECKLIST

CORE CURRICULUM				ART HISTORY REQUIREMENTS			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>	<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
ENG 103	3	_____	_____	HIS 103	3	_____	_____
ENG 104	3	_____	_____	HIS 203	3	_____	_____
COM 108	3	_____	_____	HIS 303	3	_____	_____
MAT _____	4	_____	_____				
UNS 115	1	_____	_____	ART & DESIGN CORE REQUIREMENTS			
REL/FNS	3	_____	_____	<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
Science	4	_____	_____	ARD 101	3	_____	_____
Humanities	9	_____	_____	ARD 114	2	_____	_____
_____	_____	_____	_____	ARD 124	3	_____	_____
_____	_____	_____	_____	ARD 173	3	_____	_____
Social Sciences	9	_____	_____	ARD 205	3	_____	_____
_____	_____	_____	_____	ARD 224	3	_____	_____
_____	_____	_____	_____	ARD 273	3	_____	_____
_____	_____	_____	_____	ARD 276	3	_____	_____
_____	_____	_____	_____	ARD 370	3	_____	_____
PSYCHOLOGY CORE REQUIREMENTS				SENIOR CAPSTONE			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>	<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
PSY 101	3	_____	_____	ATR 495	1	_____	_____
PSY 240	3	_____	_____	ATR 499	3	_____	_____
PSY 265	3	_____	_____				
PSY 353	3	_____	_____	ART THERAPY ELECTIVES			
PSY 370	3	_____	_____	<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
PSY 380	3	_____	_____	_____	_____	_____	_____
				_____	_____	_____	_____
				_____	_____	_____	_____
				_____	_____	_____	_____
				_____	_____	_____	_____
				_____	_____	_____	_____