

**FINLANDIA**  
UNIVERSITY

**College of Health Sciences**  
**3 Year Academic Progress Sheet 2022-2023**

**DEGREE: ASSOCIATE IN APPLIED SCIENCE**

**MAJOR: PHYSICAL THERAPIST ASSISTANT**

NAME: \_\_\_\_\_

ADVISOR: \_\_\_\_\_

STUDENT NUMBER: \_\_\_\_\_

ANTICIPATED GRAD. DATE: \_\_\_\_\_

**CORE CURRICULUM REQUIREMENTS** **24 credits**

<b>Proficiencies:</b>		
*ENG 103	College English I	3
*ENG 104	College English II	3
>MAT 144 or higher	Quantitative Reasoning or higher	4
<b>Perspectives:</b>		
**UNS 115	Sisu Seminar	1
BIO 171	Anatomy & Physiology I	4
REL/FNS	Religion/Finnish studies	3
Humanities	+PHL 212 Ethics: Theory & Practice	3
Social Sciences	+PSY 101 Introductory Psychology	3

\*Must be successfully completed before taking WI courses.  
\*\*Required for students with less than 24 earned college level credits.  
+Required for program  
>If considering the 2 + 2 BBA programs, MAT 144 or higher is required.

**Please note:** The Math requirement must be completed or in the process of being completed prior to applying to the PTA Program.

**PTA PROGRAM REQUIREMENTS** **46 credits**

<b>HEALTH SCIENCE COURSES:</b>		
BIO 172	Anatomy & Physiology II	4
HSC 112	Medical Terminology	1
HSC 260	Pathological Conditions	2

**PHYSICAL THERAPIST ASSISTANT COURSES:**

PTA 101	Introduction to Physical Therapy	1
PTA 200	Functional Anatomy	3
PTA 205	Functional Activities	2
PTA 210	Therapeutic Exercise	2
PTA 211	Clinical Orthopedics	2
PTA 215	Therapeutic Modalities I	2
PTA 216	Therapeutic Modalities II	2
PTA 217	Therapeutic Procedures	1
PTA 220	Tests & Measures	1
PTA 223	Clinical Preparation	2
PTA 224	Clinical Practice	4
PTA 226 WI	Clinical Prep and Special Topics	2
PTA 235	Patient Handling and Massage	1
PTA 245	Neurologic Rehab through the Lifespan	4
PTA 250	Geriatric PTA	2
PTA 290	Clinical Education I	2
PTA 291	Clinical Education II (cont.)	2
PTA 292	Clinical Education III	4

**TOTAL CREDITS: 70**

**ADDITIONAL DEGREE REQUIREMENTS**

- Complete at least 15 of the last 21 credits at Finlandia immediately prior to graduation.
- Attain a minimum cumulative GPA of 2.5.
- Attain a minimum grade of B- in Anatomy & Physiology. All other classes require a minimum grade of C.
- All classes can be taken a maximum of 2 times to achieve the required grade for the PTA Program.
- Complete at least one WI course in the PTA program.

# ASSOCIATE IN APPLIED SCIENCE: PHYSICAL THERAPIST ASSISTANT

## SUGGESTED 3-YEAR COURSE SEQUENCE

<p><b>FIRST SEMESTER (fall) 12 CREDITS</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>*ENG 103</td><td>College English I</td><td style="text-align: right;">3</td></tr> <tr><td>BIO 171</td><td>Anatomy &amp; Physiology I w/ Lab</td><td style="text-align: right;">4</td></tr> <tr><td>+PSY 101</td><td>Introductory Psychology</td><td style="text-align: right;">3</td></tr> <tr><td>PTA 101</td><td>Intro to Physical Therapy</td><td style="text-align: right;">1</td></tr> <tr><td>**UNS 115</td><td>Sisu Seminar</td><td style="text-align: right;">1</td></tr> </table> <p><b>THIRD SEMESTER (fall) 12 CREDITS</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>PTA 200</td><td>Functional Anatomy</td><td style="text-align: right;">3</td></tr> <tr><td>HSC 260</td><td>Pathological Conditions</td><td style="text-align: right;">2</td></tr> <tr><td>+PHL 212</td><td>Ethics: Theory &amp; Practice</td><td style="text-align: right;">3</td></tr> <tr><td>***ELECTIVE</td><td>Elective</td><td style="text-align: right;">3</td></tr> <tr><td>***ELECTIVE</td><td>Elective</td><td style="text-align: right;">1</td></tr> </table> <p><b>FIFTH SEMESTER (fall) 13 CREDITS</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>PTA 205</td><td>Functional Activities</td><td style="text-align: right;">2</td></tr> <tr><td>PTA 210</td><td>Therapeutic Exercise</td><td style="text-align: right;">2</td></tr> <tr><td>PTA 215</td><td>Therapeutic Modalities I</td><td style="text-align: right;">2</td></tr> <tr><td>PTA 220</td><td>Tests &amp; Measures</td><td style="text-align: right;">1</td></tr> <tr><td>PTA 223</td><td>Clinical Preparation</td><td style="text-align: right;">2</td></tr> <tr><td>PTA 224</td><td>Clinical Practice</td><td style="text-align: right;">4</td></tr> </table> <p><b>SEVENTH SEMESTER (summer) 6 CREDITS</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>PTA 291</td><td>Clinical Education II (cont.)</td><td style="text-align: right;">2</td></tr> <tr><td>PTA 292</td><td>Clinical Education III</td><td style="text-align: right;">4</td></tr> </table>	*ENG 103	College English I	3	BIO 171	Anatomy & Physiology I w/ Lab	4	+PSY 101	Introductory Psychology	3	PTA 101	Intro to Physical Therapy	1	**UNS 115	Sisu Seminar	1	PTA 200	Functional Anatomy	3	HSC 260	Pathological Conditions	2	+PHL 212	Ethics: Theory & Practice	3	***ELECTIVE	Elective	3	***ELECTIVE	Elective	1	PTA 205	Functional Activities	2	PTA 210	Therapeutic Exercise	2	PTA 215	Therapeutic Modalities I	2	PTA 220	Tests & Measures	1	PTA 223	Clinical Preparation	2	PTA 224	Clinical Practice	4	PTA 291	Clinical Education II (cont.)	2	PTA 292	Clinical Education III	4	<p><b>SECOND SEMESTER (spring) 12 CREDITS</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>*ENG104</td><td>College English II</td><td style="text-align: right;">3</td></tr> <tr><td>BIO 172</td><td>Anatomy &amp; Physiology II w./ lab</td><td style="text-align: right;">4</td></tr> <tr><td>&gt;MAT_____</td><td>MAT 144 or above</td><td style="text-align: right;">4</td></tr> <tr><td>HSC 112</td><td>Medical Terminology</td><td style="text-align: right;">1</td></tr> </table> <p><b>FOURTH SEMESTER (spring) 13 CREDITS</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>PTA 217</td><td>Therapeutic Procedures</td><td style="text-align: right;">1</td></tr> <tr><td>PTA 235</td><td>Patient Handling and Massage</td><td style="text-align: right;">1</td></tr> <tr><td>PTA 250</td><td>Geriatric PTA</td><td style="text-align: right;">2</td></tr> <tr><td>REL/FNS</td><td>Religion/Finnish Elective</td><td style="text-align: right;">3</td></tr> <tr><td>***ELECTIVE</td><td>Elective</td><td style="text-align: right;">3</td></tr> <tr><td>***ELECTIVE</td><td>Elective</td><td style="text-align: right;">3</td></tr> </table> <p><b>SIXTH SEMESTER (spring) 12 CREDITS</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>PTA 211</td><td>Clinical Orthopedics</td><td style="text-align: right;">2</td></tr> <tr><td>PTA 216</td><td>Therapeutic Modalities II</td><td style="text-align: right;">2</td></tr> <tr><td>PTA 226 WI</td><td>Clinical Prep and Special Topics</td><td style="text-align: right;">2</td></tr> <tr><td>PTA 245</td><td>Neurologic Rehab through the Lifespan</td><td style="text-align: right;">4</td></tr> <tr><td>PTA 290</td><td>Clinical Education I</td><td style="text-align: right;">2</td></tr> </table> <p><b>TOTAL CREDITS: 80</b></p>	*ENG104	College English II	3	BIO 172	Anatomy & Physiology II w./ lab	4	>MAT_____	MAT 144 or above	4	HSC 112	Medical Terminology	1	PTA 217	Therapeutic Procedures	1	PTA 235	Patient Handling and Massage	1	PTA 250	Geriatric PTA	2	REL/FNS	Religion/Finnish Elective	3	***ELECTIVE	Elective	3	***ELECTIVE	Elective	3	PTA 211	Clinical Orthopedics	2	PTA 216	Therapeutic Modalities II	2	PTA 226 WI	Clinical Prep and Special Topics	2	PTA 245	Neurologic Rehab through the Lifespan	4	PTA 290	Clinical Education I	2
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**Please note:** The Math requirement must be completed or in the process of being completed prior to applying to the PTA Program.  
 \*\*\*Not program requirements. Suggested courses for student to qualify for full financial aid eligibility.

### PROGRAM CHECKLIST

CORE CURRICULUM				PHYSICAL THERAPIST ASSISTANT PROGRAM REQUIREMENTS:			
COURSE	CREDITS	SEM./YR.	GRADE	HEALTH SCIENCE COURSES:			
ENG 103	3	_____	_____	<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
ENG 104	3	_____	_____	BIO 172	4	_____	_____
BIO 171	4	_____	_____	HSC 112	1	_____	_____
MAT_____	4	_____	_____	HSC 260	2	_____	_____
UNS 115	1	_____	_____	<b>PHYSICAL THERAPIST ASSISTANT COURSES</b>			
REL/FNS _____	3	_____	_____	<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
PSY 101	3	_____	_____	PTA 101	1	_____	_____
PHL 212	3	_____	_____	PTA 200	3	_____	_____
				PTA 205	2	_____	_____
				PTA 210	2	_____	_____
				PTA 211	2	_____	_____
				PTA 215	2	_____	_____
				PTA 216	2	_____	_____
				PTA 217	1	_____	_____
				PTA 220	1	_____	_____
				PTA 223	2	_____	_____
				PTA 224	4	_____	_____
				PTA 226	2	_____	_____
				PTA 235	1	_____	_____
				PTA 245	4	_____	_____
				PTA 250	2	_____	_____
				PTA 290	2	_____	_____
				PTA 291	2	_____	_____
				PTA 292	4	_____	_____
				Total credits: 70			