

**FINLANDIA**  
UNIVERSITY

**Suomi College of Arts & Sciences**  
Academic Progress Sheet 2021 – 2022

**DEGREE: BACHELOR OF ARTS – History**

**CONCENTRATION:** \_\_\_\_\_

NAME: \_\_\_\_\_

ADVISOR: \_\_\_\_\_

STUDENT NUMBER: \_\_\_\_\_

ANTICIPATED GRAD. DATE: \_\_\_\_\_

**CORE CURRICULUM REQUIREMENTS 39 credits**

**Proficiencies:**

ENG 103*	College English I	3
ENG 104*	College English II	3
COM 108	Fundamentals of Public Speaking	3
MAT 144 or higher	Quantitative Reasoning or higher	4

**Perspectives:§**

UNS 115	Sisu Seminar	1
REL/FNS	Religion or Finnish Studies	3
BIO, CHM, or PHS	Natural Science with Lab	4
Humanities+	Three Courses	9
Social Sciences++	Three Courses	9

- \* Must be successfully completed before taking WI courses.  
 § No more than six credits of one discipline, except up to eight credits of the same foreign language.  
 + Includes courses in ARD, COM, DRM, ENG (but not ENG 101), FNS, HIS, HUM, MUS, PHL, REL, or foreign language.  
 ++Includes courses in ANT, COM, ECN, ENV, GEO, GSS, HIS, PLS, PSY, and SOC.

**HISTORY MAJOR REQUIREMENTS 43 credits**

Students majoring in History develop important, in demand skills, including: the ability to perform research; data organization, synthesis, and analysis; effective verbal and written communication skills. In addition to academic and teaching careers, History graduates enter careers fields in government, the military, foreign relations, or perhaps pursue careers as museum curators, librarians, private sector researchers, or use history as training to study law.

**History Core Requirements 15 credits**

HIS 205	World History I	3
HIS 206	World History II	3
HIS 211	US History to 1865	3
HIS 212	US History after 1865	3
HIS 407	Historiography & Research Methods	3

**History Concentration 24 credits**

Choose one of the following concentrations.

**History – No Concentration**

Any 24 additional credits of HIS coursework.

**Cultural History**

HIS 103	History of Art I	3
HIS 203	History of Art II	3
HIS 303	History of Art III	3
HIS 406	Design & Culture	3
FNS 221	History & Culture of Finland	3
HIS 256	History through Film	3
HIS 263	History of Rock & Roll	3
HIS 389	Internship in History	3

**Contemporary History**

HIS 280	Energy and World Power	3
HIS 310	20 <sup>th</sup> Century World	3
HIS 320	Rise of American Capitalism	3
HIS 330	American Environmental History	3
HIS 340	Cold War America	3
HIS 360	America in the World	3
HIS 370	The Middle East	3
HIS 399	Directed Study	3

**Senior Capstone Project 4 credits**

HIS 495	Capstone Prep Course	1
HIS 499	Senior Capstone	3

**MINOR AND/OR OPEN ELECTIVES 38 credits**

See the Campus Catalog for available minors and their requirements.

**TOTAL CREDITS: 120**

**ADDITIONAL DEGREE REQUIREMENTS**

- Count no more than 12 credits of WEL performance towards graduation.
- Complete at least 30 of the last 36 credits at Finlandia immediately prior to graduation.
- Complete at least 30 credits at the 300/400 level.
- Complete at least 18 credits for the major at Finlandia University.
- Attain a minimum cumulative GPA of 2.0.
- Attain a minimum grade of C- for each course in the major.
- Complete at least three WI courses from at least two disciplines.

**BACHELOR OF ARTS – HISTORY 2021 – 2022**  
**SUGGESTED COURSE SEQUENCE**

<b>FIRST SEMESTER</b>		<b>14 CREDITS</b>
UNS 115	Sisu Seminar	1
ENG 103	College English I	3
Math	MAT 144 or higher	4
HIS 205	World History I	3
Perspectives	Humanities or Social Science	3

<b>THIRD SEMESTER</b>		<b>15 CREDITS</b>
HIS 211	US History I	3
HIS XXX	History Concentration	3
REL/FNS	Religion or Finnish Studies	3
Perspectives	Humanities or Social Science	3
Minor/Elective	Minor or Open Elective	3

<b>FIFTH SEMESTER</b>		<b>15 CREDITS</b>
HIS 407	Historiography & Research Methods	3
HIS XXX	History Concentration	3
Perspectives	Humanities or Social Science	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

<b>SEVENTH SEMESTER</b>		<b>15 CREDITS</b>
HIS XXX	History Concentration	3
HIS 399X	History Directed Study	3
HIS 495	Capstone Prep Course	1
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	2

<b>SECOND SEMESTER</b>		<b>16 CREDITS</b>
COM 108	Fundamentals of Public Speaking	3
ENG 104	College English II	3
Science	Natural Science with Lab	4
HIS 206	World History II	3
Perspectives	Humanities or Social Science	3

<b>FOURTH SEMESTER</b>		<b>15 CREDITS</b>
HIS 212	US History II	3
HIS XXX	History Concentration	3
Perspectives	Humanities or Social Science	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

<b>SIXTH SEMESTER</b>		<b>15 CREDITS</b>
HIS XXX	History Concentration	3
HIS XXX	History Concentration	3
Perspectives	Humanities or Social Science	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

<b>EIGHTH SEMESTER</b>		<b>15 CREDITS</b>
HIS 499	Senior Capstone	3
HIS XXX	History Concentration	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

**PROGRAM CHECKLIST**

<b>CORE CURRICULUM</b>			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
ENG 103	3	_____	_____
ENG 104	3	_____	_____
COM 108	3	_____	_____
MAT _____	4	_____	_____
UNS 115	1	_____	_____
REL/FNS	3	_____	_____
Science	4	_____	_____
Humanities	9	_____	_____
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Social Sciences	9	_____	_____
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<b>HISTORY CORE COURSES</b>			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
HIS 205	3	_____	_____
HIS 206	3	_____	_____
HIS 211	3	_____	_____
HIS 212	3	_____	_____
HIS 407	3	_____	_____

<b>HISTORY CONCENTRATION</b>			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
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<b>SENIOR CAPSTONE</b>			
HIS 495	1	_____	_____
HIS 499	3	_____	_____

<b>MINOR AND/OR OPEN ELECTIVES</b>			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
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