

# FINLANDIA

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## UNIVERSITY

### March 18, 2020 Covid-19 Update

New updates are highlighted below and were added to build upon the [March 17, 2020 Covid-19 Update](#).

#### Personal Care and Notification

Anyone who is ill is asked to stay home.

Any employee who has been exposed to a known case of COVID-19 or may be exhibiting symptoms of fever, coughing, or difficulty breathing, or out of an abundance of caution for any reason believes that he or she poses a risk to others, is asked to report to their supervisor and make arrangements for medical attention and self-quarantine for 14 days.

Those who have been ill with fever and respiratory symptoms, and would like to return to work, must meet the following criteria:

- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications AND improvement in respiratory symptoms (e.g. cough, shortness of breath, AND
- At least 7 days have passed since the symptoms first appeared; AND
- Approval of the department supervisor and/or university.

#### Travel

All University-related air travel by any employee of the University is suspended through March 30, 2020. Employees are asked to report personal air travel to supervisors prior to returning to campus.

All University-related travel must be reported to supervisors for prior authorization. Employees are asked to report personal travel to their supervisor prior to returning to campus to determine risk and if self quarantine is needed.