

**FINLANDIA**  
UNIVERSITY

**Suomi College of Arts & Sciences**  
Academic Progress Sheet 2018 – 2019

**DEGREE: BACHELOR OF ARTS – Psychology**

**MINOR:** \_\_\_\_\_

**NAME:** \_\_\_\_\_

**ADVISOR:** \_\_\_\_\_

**STUDENT NUMBER:** \_\_\_\_\_

**ANTICIPATED GRAD. DATE:** \_\_\_\_\_

**CORE CURRICULUM REQUIREMENTS 38 credits**

<b>Proficiencies:</b>		
ENG 103*	College English I	3
ENG 104*	College English II	3
COM 108	Fundamentals of Public Speaking	2
MAT 140 or higher	Intermediate Algebra or higher	4
<b>Perspectives:§</b>		
UNS 115	Sisu Seminar	1
REL/FNS	Religion or Finnish Studies	3
BIO, CHM, or PHS	Natural Science with Lab	4
Humanities+	Three Courses	9
Social Sciences++	Three Courses	9

- \* Must be successfully completed before taking WI courses.  
 § No more than six credits of one discipline, except up to eight credits of the same foreign language.  
 + Includes courses in ARD, DRM, ENG (but not ENG 101), FNS, HIS, HUM, MUS, PHL, REL, or foreign language.  
 ++Includes courses in ANT, COM, ECN, ENV, GEO, GSS, PLS, PSY, and SOC.

**PSYCHOLOGY MAJOR REQUIREMENTS 41 credits**

Students majoring in psychology develop the skills to study behavior and mental processes in humans and animals. The psychology major allows students to develop a focus of interest in order to prepare for graduate training in both applied and research related fields. The psychology degree also prepares students for a variety of different career paths including social and human services, careers in community mental health, governmental agencies and other fields requiring strong interpersonal skills.

**Psychology Core Requirements 13 credits**

PSY 100	The Psychology Major	1
PSY 101	Introduction to Psychology	3
PSY 353	Research Methods in Psychology	3
PSY 354	Quantitative Analysis in the Social Sciences	3
PSY 380	History and Systems	3

**Subfield Courses 9 credits**

Choose 3 courses from the following:		
PSY 210	Social Psychology	3
PSY 220	Personality Psychology	3
PSY 230	Cognitive Psychology	3
PSY 240	Abnormal Psychology	3
PSY 250	Topics in Psychology	3
PSY 261	Lifespan Development I: Children & Adolescents	3
PSY 290	Learning and Behavior	3

**Topics Courses 15 credits**

Choose 5 courses from the following:		
PSY 302	Emotion	3
PSY 303	Psychology of Gender	3
PSY 305	Human Sexuality	3
PSY 312	Self	3
PSY 313	Stereotypes and Prejudice	3
PSY 331	Social Cognition	3
PSY 350	Topics in Psychology	3
PSY 361	Lifespan Development II: Adulthood & Aging	3
PSY 363	Social Development	3
PSY 370	Introduction to Counseling	3
PSY 395	Experimental Psychology	3

**Senior Capstone Project 4 credits**

PSY 495	Capstone Prep Course	1
PSY 499	Senior Capstone	3

**MINOR AND/OR OPEN ELECTIVES 41 credits**

See the Campus Catalog for available minors and their requirements.

**TOTAL CREDITS: 120**

**Note: Students interested in pursuing graduate study are highly recommended to take the following:**

PSY 396	Readings in Psychology	3
PSY 397	Directed Research in Psychology	1-3

**ADDITIONAL DEGREE REQUIREMENTS**

- Count no more than 12 credits of MUS, DRM, and WEL towards graduation.
- Complete at least 24 of the last 30 credits at Finlandia immediately prior to graduation.
- Complete at least 30 credits at the 300/400 level at Finlandia.
- Attain a minimum cumulative GPA of 2.0.
- Attain a minimum grade of C- for each course in the major.
- Complete at least three WI courses from at least two disciplines.

## BACHELOR OF ARTS – PSYCHOLOGY 2018 – 2019 SUGGESTED COURSE SEQUENCE

### FIRST SEMESTER 14 CREDITS

UNS 115	Sisu Seminar	1
ENG 103	College English I	3
Science	Natural Science with Lab	4
PSY 101	Introduction to Psychology	3
PSY 100	The Psychology Major	1
COM 108	Fundamentals of Public Speaking	2

### THIRD SEMESTER 15 CREDITS

PSY 2xx	Subfield Course	3
Perspectives	Humanities or Social Science	3
Perspectives	Humanities or Social Science	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

### FIFTH SEMESTER 15 CREDITS

PSY 353	Research Methods in Psychology	3
PSY 3xx	Psychology Topics Course	3
Minor/Elective	Minor or Open Elective	3
Perspectives	Humanities or Social Science	3
Perspectives	Humanities or Social Science	3

### SEVENTH SEMESTER 16 CREDITS

PSY 3xx	Psychology Topics Course	3
PSY 495	Capstone Prep Course	1
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

### SECOND SEMESTER 16 CREDITS

ENG 104	College English II	3
Math	MAT 140 or higher	4
PSY 2xx	Subfield Course	3
Minor/Elective	Minor or Open Elective	3
Perspectives	Humanities or Social Science	3

### FOURTH SEMESTER 15 CREDITS

REL/FNS	Religion or Finnish Studies	3
PSY 2xx	Subfield Course	3
PSY 3xx	Psychology Topics Course	3
Perspectives	Humanities or Social Science	3
Minor/Elective	Minor or Open Elective	3

### SIXTH SEMESTER 15 CREDITS

PSY 354	Quantitative Analysis in the SS	3
PSY 380	History and Systems	3
PSY 3xx	Psychology Topics Course	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

### EIGHTH SEMESTER 15 CREDITS

PSY 499	Senior Capstone	3
PSY 3xx	Psychology Topics Course	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3
Minor/Elective	Minor or Open Elective	3

## PROGRAM CHECKLIST

CORE CURRICULUM			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
ENG 103	3	_____	_____
ENG 104	3	_____	_____
COM 108	2	_____	_____
MAT _____	4	_____	_____
UNS 115	1	_____	_____
REL/FNS	3	_____	_____
Science	4	_____	_____
Humanities	9	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
Social Sciences	9	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

PSYCHOLOGY CORE COURSES			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
PSY 100	1	_____	_____
PSY 101	3	_____	_____
PSY 353	3	_____	_____
PSY 354	3	_____	_____
PSY 380	3	_____	_____

Subfield Topics Courses			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Topics Courses			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

SENIOR CAPSTONE			
PSY 495	1	_____	_____
PSY 499	3	_____	_____

MINOR AND/OR OPEN ELECTIVES			
<u>COURSE</u>	<u>CREDITS</u>	<u>SEM./YR.</u>	<u>GRADE</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____