

## Suomi College of Arts & Sciences Academic Progress Sheet 2018 – 2019

**DEGREE: BACHELOR OF ARTS – Liberal Studies: Art Therapy**

NAME: \_\_\_\_\_

ADVISOR: \_\_\_\_\_

STUDENT NUMBER: \_\_\_\_\_

ANTICIPATED GRAD. DATE: \_\_\_\_\_

**CORE CURRICULUM REQUIREMENTS 38 credits**

|                       |                                 |   |
|-----------------------|---------------------------------|---|
| <b>Proficiencies:</b> |                                 |   |
| ENG 103*              | College English I               | 3 |
| ENG 104*              | College English II              | 3 |
| COM 108               | Fundamentals of Public Speaking | 2 |
| MAT 140 or higher     | Intermediate Algebra or higher  | 4 |
| <b>Perspectives:§</b> |                                 |   |
| UNS 115               | Sisu Seminar                    | 1 |
| REL/FNS               | Religion or Finnish Studies     | 3 |
| BIO, CHM, or PHS      | Natural Science with Lab        | 4 |
| Humanities+           | Three Courses                   | 9 |
| Social Sciences++     | Three Courses                   | 9 |

- \* Must be successfully completed before taking WI courses.  
 § No more than six credits of one discipline, except up to eight credits of the same foreign language.  
 + Includes courses in ARD, DRM, ENG (but not ENG 101), FNS, HIS, HUM, MUS, PHL, REL, or foreign language.  
 ++Includes courses in ANT, COM, ECN, ENV, GEO, GSS, PLS, PSY, and SOC.

**ART THERAPY MAJOR REQUIREMENTS 63 credits**

Liberal Studies is an interdisciplinary program that is built on the liberal arts General Education program. The Art Therapy major is designed to provide students with an integrated understanding of the role art plays in relation to human psychology. An Art Therapy degree lays the foundation necessary for students to continue on to a Master's Degree in Art Therapy which is the required degree for the field.

**Art History Requirements 9 credits**

|         |                    |   |
|---------|--------------------|---|
| HIS 103 | History of Art I   | 3 |
| HIS 203 | History of Art II  | 3 |
| HIS 303 | History of Art III | 3 |

**Art & Design Core Requirements 27 credits**

|         |                                 |   |
|---------|---------------------------------|---|
| ARD 101 | Drawing Foundations             | 3 |
| ARD 114 | Digital Design Foundations      | 3 |
| ARD 124 | Ceramic Design I                | 3 |
| ARD 173 | Color and Composition           | 3 |
| ARD 205 | Weaving and Off-Loom Structures | 3 |
| ARD 224 | Ceramic Design II               | 3 |
| ARD 273 | Painting Fundamentals           | 3 |
| ARD 276 | Sculpture                       | 3 |
| ARD 370 | Human Factors and Ergonomics    | 3 |

**Psychology Core Requirements 21 credits**

|          |  |   |
|----------|--|---|
| PSY 101  | Introduction to Psychology                     | 3 |
| PSY 240  | Abnormal Psychology                            | 3 |
| PSY 261  | Lifespan Development I: Children & Adolescents | 3 |
| PSY 370  | Introduction to Counseling                     | 3 |
| PSY 380  | History & Systems                              | 3 |
| PSY ____ | Psychology Elective                            | 3 |
| PSY ____ | Psychology Elective                            | 3 |

**Senior Capstone Project 6 credits**

|         |                 |   |
|---------|-----------------|---|
| ATR 499 | Senior Capstone | 6 |
|---------|-----------------|---|

**ELECTIVES 21 credits**

Choose 6 courses from the list below. Electives must be at the 300 level or above.

|         |  |   |
|---------|--|---|
| ARD 311 | Design Research Skills                       | 3 |
| ARD 336 | Design Studio II                             | 3 |
| ARD 360 | Tech. Aspects of Ceramic Design              | 3 |
| ARD 354 | Jacquard Design                              | 3 |
| ARD 403 | Contemporary Criticism                       | 3 |
| ARD 424 | Studio Practices in Ceramic Design           | 3 |
| ARD 425 | Studio Practices in Fiber / Fashion          | 3 |
| ARD 454 | Studio Practices in Ceramic Design II        | 3 |
| ARD 461 | Adv. Tech. Aspects of Fiber / Fashion Design | 3 |
| HIS 406 | Design and Culture                           | 3 |
| PSY 350 | Topics in Psychology                         | 3 |
| PSY 353 | Research Methods in Psychology               | 3 |
| PSY 361 | Lifespan Development II: Adulthood & Aging   | 3 |
| PSY 395 | Experimental Psychology                      | 3 |
| PSY 3__ | 300-level Psychology Elective                | 3 |

Choose 3 credits of open electives.

|        |               |   |
|--------|---------------|---|
| ___XXX | Open Elective | 3 |
|--------|---------------|---|

**TOTAL CREDITS: 122**

**ADDITIONAL DEGREE REQUIREMENTS**

- Count no more than 12 credits of MUS, DRM, and WEL towards graduation.
- Complete at least 24 of the last 30 credits at Finlandia immediately prior to graduation.
- Complete at least 30 credits at the 300/400 level at Finlandia.
- Attain a minimum cumulative GPA of 2.0.
- Attain a minimum grade of C- for each course in the major.
- Complete at least three WI courses from at least two disciplines.

## BACHELOR OF ARTS – LIBERAL STUDIES: ART THERAPY 2018 – 2019 SUGGESTED COURSE SEQUENCE

|  |  |
|--|--|
| <p><b>FIRST SEMESTER</b> <span style="float: right;"><b>13 CREDITS</b></span></p> <p>UNS 115 Sisu Seminar 1<br/>           ARD 101 Drawing Foundations 3<br/>           ARD 173 Color and Composition 3<br/>           ENG 103 College English I 3<br/>           Perspectives ARD 100 Recommended 3</p> <p><b>THIRD SEMESTER</b> <span style="float: right;"><b>17 CREDITS</b></span></p> <p>ARD 124 Ceramic Design I 3<br/>           ARD 205 Weaving and Off-Loom Structures 3<br/>           COM 108 Fundamentals of Public Speaking 2<br/>           HIS 103 History of Art I 3<br/>           REL/FNS Religion or Finnish Studies 3<br/>           Perspectives Humanities or Social Science 3</p> <p><b>FIFTH SEMESTER</b> <span style="float: right;"><b>15 CREDITS</b></span></p> <p>ARD 273 Painting Fundamentals 3<br/>           PSY 261 Lifespan Dev. I: Children &amp; Adoles. 3<br/>           HIS 303 History of Art III 3<br/>           Perspectives Humanities or Social Science 3<br/>           Perspectives Humanities or Social Science 3</p> <p><b>SEVENTH SEMESTER</b> <span style="float: right;"><b>15 CREDITS</b></span></p> <p>ARD 370 Human Factors and Ergonomics 3<br/>           PSY XXX Psychology Elective 3<br/>           Perspectives Humanities or Social Science 3<br/>           Elective Elective 3<br/>           Elective Elective 3</p> | <p><b>SECOND SEMESTER</b> <span style="float: right;"><b>16 CREDITS</b></span></p> <p>ARD 224 Ceramic Design II 3<br/>           CHM 131 Chemistry of Artists Materials 4<br/>           ENG 104 College English II 3<br/>           PSY 101 Introduction to Psychology 3<br/>           Perspectives Humanities or Social Science 3</p> <p><b>FOURTH SEMESTER</b> <span style="float: right;"><b>16 CREDITS</b></span></p> <p>ARD 114 Digital Design Foundations 3<br/>           HIS 203 History of Art II 3<br/>           MAT 146 Geometry for Artists 4<br/>           PSY 240 Abnormal Psychology 3<br/>           PSY XXX Psychology Elective 3</p> <p><b>SIXTH SEMESTER</b> <span style="float: right;"><b>15 CREDITS</b></span></p> <p>ARD 276 Sculpture 3<br/>           PSY 370 Introduction to Counseling 3<br/>           PSY 380 History &amp; Systems 3<br/>           Elective Elective 3<br/>           Elective Elective 3</p> <p><b>EIGHT SEMESTER</b> <span style="float: right;"><b>15 CREDITS</b></span></p> <p>ATR 499 Senior Capstone 6<br/>           Elective Elective 3<br/>           Elective Elective 3<br/>           Open Elective Open Elective 3</p> |
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### PROGRAM CHECKLIST

| CORE CURRICULUM                     |                |                 |              | ART HISTORY REQUIREMENTS                  |                |                 |              |
|-------------------------------------|----------------|-----------------|--------------|---|----------------|-----------------|--------------|
| COURSE                              | CREDITS        | SEM./YR.        | GRADE        | COURSE                                    | CREDITS        | SEM./YR.        | GRADE        |
| ENG 103                             | 3              | _____           | _____        | HIS 103                                   | 3              | _____           | _____        |
| ENG 104                             | 3              | _____           | _____        | HIS 203                                   | 3              | _____           | _____        |
| COM 108                             | 2              | _____           | _____        | HIS 303                                   | 3              | _____           | _____        |
| MAT _____                           | 4              | _____           | _____        | <b>ART &amp; DESIGN CORE REQUIREMENTS</b> |                |                 |              |
| UNS 115                             | 1              | _____           | _____        | <b>COURSE</b>                             | <b>CREDITS</b> | <b>SEM./YR.</b> | <b>GRADE</b> |
| REL/FNS                             | 3              | _____           | _____        | ARD 101                                   | 3              | _____           | _____        |
| Science                             | 4              | _____           | _____        | ARD 114                                   | 2              | _____           | _____        |
| Humanities                          | 9              | _____           | _____        | ARD 124                                   | 3              | _____           | _____        |
| _____                               | _____          | _____           | _____        | ARD 173                                   | 3              | _____           | _____        |
| _____                               | _____          | _____           | _____        | ARD 205                                   | 3              | _____           | _____        |
| Social Sciences                     | 9              | _____           | _____        | ARD 224                                   | 3              | _____           | _____        |
| _____                               | _____          | _____           | _____        | ARD 273                                   | 3              | _____           | _____        |
| _____                               | _____          | _____           | _____        | ARD 276                                   | 3              | _____           | _____        |
| _____                               | _____          | _____           | _____        | ARD 370                                   | 3              | _____           | _____        |
| <b>PSYCHOLOGY CORE REQUIREMENTS</b> |                |                 |              | <b>SENIOR CAPSTONE</b>                    |                |                 |              |
| <b>COURSE</b>                       | <b>CREDITS</b> | <b>SEM./YR.</b> | <b>GRADE</b> | ATR 499                                   | 6              | _____           | _____        |
| PSY 101                             | 3              | _____           | _____        | <b>ART THERAPY ELECTIVES</b>              |                |                 |              |
| PSY 240                             | 3              | _____           | _____        | <b>COURSE</b>                             | <b>CREDITS</b> | <b>SEM./YR.</b> | <b>GRADE</b> |
| PSY 261                             | 3              | _____           | _____        | _____                                     | _____          | _____           | _____        |
| PSY 370                             | 3              | _____           | _____        | _____                                     | _____          | _____           | _____        |
| PSY 380                             | 3              | _____           | _____        | _____                                     | _____          | _____           | _____        |
| PSY _____                           | 3              | _____           | _____        | _____                                     | _____          | _____           | _____        |
| PSY _____                           | 3              | _____           | _____        | _____                                     | _____          | _____           | _____        |