

**February 20, 2009**

## Campus Events

### FEBRUARY

- 21** 11 am to 1 pm, Silent Auction and Lunch to benefit students' service learning trip to Tanzania, Finlandia Hall Café, 487-7239.
- 21** 1 to 4 pm, Personal History Writing workshop led by Beth Virtanen, South Range VFW, 483-0274.
- 26** 4 to 5:30 pm, Writer's Journey poetry seminar with Randy Freisinger, "The Straight and Crooked Figure a Poem Makes," Chapel of St. Matthew, 487-7515.
- 27** 10 am to 1 pm, Free Business Counseling, Jutila Center, 487-7450.
- 28** 9 am to 2:30 pm, Finlandia Lions Youth Soccer Clinic, Paavo Nurmi Center, 487-7326.
- 28** 1 to 4 pm, Personal History Writing Workshop led by Beth Virtanen, Ontonagon Historical Museum, 483-0274.
- ### MARCH
- 4** 7 to 9 pm, Lecture by Helen Klebesadel, "The Personal is Political: Art as Activism," FAHC, 487-7375.
- 5** 1:15 to 2 pm, Artists' Reception for Laura Lakanen, Stephanie Trevino, and Sarah Anderson, Reflection Gallery, Jutila Center, 487-7375.
- 7** 1 to 4 pm, Personal History Writing Workshop led by Beth Virtanen, Toivola Recreation Center, 483-0274.
- 11** 2 to 5 pm, Free Business Counseling, Jutila Center, 487-7450.
- 14** 1 to 4 pm, Personal History Writing Workshop led by Beth Virtanen, Calumet VFW, 483-0274.

The Finlandia University News is published bi-weekly. Please send news and comments to  
karen.johnson@finlandia.edu.  
**Next issue: March 6, 2009**  
**Deadline: March 4, 2009**

*ISAD faculty at a reception in their honor Thursday, Feb. 19. L to R: Phyllis Fredendall, Jon Brookhouse, Denise Vandeville, Jonathan Soper, Carrie Flaspohler, Yueh-mei Cheng, Greg Green, Rick Loduha*



## Laskiainen Day is Tuesday

To celebrate Laskiainen Day, the Finlandia Student Senate will host a family sledding party Tuesday, February 24, 6:30 to 8:30 p.m., on the Hancock Middle School lawn.

Outdoor fun enthusiasts of all ages are invited for sledding and contests for the fastest sled and the most original sled design. Prizes will be awarded and, of course, hot chocolate will be served.

If you don't fit in the family category, a late night sledding party will begin at 9:00 p.m., also on the middle school lawn. You're invited to join a sled race or enter the most original sled design contest for more prizes.

Tuesday's lunch menu will also

feature a Laskiainen tradition, including something homemade from our Finnish students. Check it out in the Mannerheim cafeteria from 11:30 a.m. to 1:00 p.m.

## Auction, Lunch Saturday

A Silent Auction and Soup & Salad Lunch is this Saturday, February 21, 11:00 a.m. to 1:00 p.m., at Finlandia Hall.

Proceeds will help a group of Finlandia students travel to Tanzania in May 2009.

For information, contact René Johnson at 487-7239.

## At the Art Galleries

### Finlandia University Gallery

February 19 to March 20

Finlandia ISAD: Art and Design Faculty Exhibit

### Reflection Gallery

February 18 to March 16

Laura Lakanen, Stephanie Trevino, and Sarah Anderson: A group exhibit featuring photography, an installation, and comic book illustrations  
Opening Reception: Thursday, March 5, 1:15 p.m.

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## Personal History Writing Workshops

This Saturday, February 21, from 1:00 to 4:00 p.m., the first of six Life and Personal History Writing workshops will take place at the South Range VFW, M 26, South Range.

Led by Finlandia University professor and Paloheimo Scholar Beth Virtanen, Ph.D., the workshop will help participants write their own personal narratives, including poems, descriptions of people or places, beginnings of short stories, personal histories, or memoirs.

Participants should bring pencils

and paper, photographs, and vivid memories of the times they wish to write about. Laptops are welcome, but not required. Participants will leave each workshop with something they have written.

People of all ages are invited. Subsequent workshops will take place in Ontonagon, Toivola, Calumet, Baraga, and Covington.

The workshops are free and pre-registration is not required. For information, contact Beth Virtanen at 483-0274.



## ISAD Faculty Exhibit

An exhibit of work by Finlandia University art and design faculty is featured at the Finlandia University Gallery through March 20.

The 2009 International School of Art and Design (ISAD) Faculty Exhibit includes the work of nine full-time and adjunct ISAD faculty members. Ceramics, sustainable design, painting and drawing, fiber art, interactive media, and photography are some of the mediums represented.

*Pictured above: Rick Loduha sets the foundation for his concept sustainable dwelling, "LightFoot"*

## Thank You

I would like to thank the Finlandia community for the generous outpouring of support shown to me and my family after the recent loss of our home to fire—we lost everything, including our beloved pets. We have a long road ahead of us but the love and support extended to us has made those first steps a bit easier. We are eternally grateful! I am thankful to be a part of this campus community.



*Randy, Janine, and Christopher Nottke*



*A scene from a past Servant Leadership safari to Lake Manyara and the Ngorongoro crater in Tanzania*

## Call for Nominations Student Employee of the Year

If you would like to nominate a student worker for the Student Employee of the Year award, the deadline is today, Friday, February 19. Contact Jason Sullivan for guidelines at 487-7261.

## FAFSA Deadline

Please remind students to file their 2009-10 FAFSA form. The priority deadline for Michigan residents to be considered for state aid is March 1.

The FAFSA can be filed online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov), or a paper copy can be obtained at the Financial Aid office. If students have questions, encourage them to call the Financial Aid office at 487-7261.

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Over Christmas break this year, Physical Therapist Assistant program faculty and staff painted the PTA classroom, Nikander 13, pale yellow with a bright blue accent wall. Last weekend, Hilary and Bill Sproule put up a “meadow” mural on the blue wall.

The new paint job and mural was the idea of PTA Student Club members. They wanted to, and have certainly succeeded, in brightening up their leaning environment.

You are invited to stop in to see it when you're in Nikander Hall!

Left: The redecorated PTA classroom in Nikander Hall, and some very happy PTA students.

## Career Fairs

Finlandia students are invited to attend these Career Fairs:

**March 16**, 1 to 4 p.m. Finlandia University Health Career Fair, Finnish American Heritage Center.

**March 18**, 1 to 4 p.m. Upper Great Lakes Collegiate Job Fair, Northern Michigan University.

For information, contact Mark Cavis at 487-7315.

## Saturday Blues Dance

The Blues Dance is here! This Saturday, February 21, The Black and The Blues band will perform live at Grubbie's Café, in Finlandia Hall, from 6:00 to 11:00 p.m. Blues dance lessons will take place from 4:00 to 6:00 p.m.

Food will be catered by Grubbie's, and a best dessert contest will yield the winner \$50.00!

Dress is casual. Dance lessons are \$5.00 per person. The dance is \$10.00 per person. For information, contact Juice DeMers, Dance Alliance president, at 906-282-4475 or [jrdemers@fu.edu](mailto:jrdemers@fu.edu).



# Laskiainen – A Finnish Holiday

Laskiainen has been celebrated in Finland since the 1500s. Traditionally, Laskiainen or Shrovetide, the day before Ash Wednesday, was the day to “shrive,” that is, confess one’s sins and obtain absolution prior to the start of Lent. Following the Reformation, Laskiainen became a secular holiday when families participated in winter sports but also looked forward to spring.

*How is Laskiainen celebrated today in Finland?*

Today, Laskiainen focuses on spring and hopes for the coming year with families sledding, tobogganing, and ice skating and eating split pea with ham soup.

*Why do Finns eat pea soup on Laskiainen?*

Eating fatty foods on Laskiainen was believed to ensure that the pigs would grow fat and the crops lush in the coming growing season.

*Why should a woman have her hair cut on Laskiainen?*

According to Finnish lore, if you

cut your hair on Laskiainen, it will grow fast and thick in the coming year.

*What do young people in Finland shout as they ride their sleds downhill?*

“Pitkä pellavia ja hienoja hamppuja”—which means, “long flax, fine hemp.” Folklore portended the farther one could go on a sled, the longer the grain would grow the following summer.

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## Group Show at Reflection Gallery Feb. 18-March 16

The Finlandia University Reflection Gallery will host a group exhibit of work by junior-level studio arts and illustration students February 18 to March 16, 2009.

A reception for the artists will take place at the gallery Thursday, March 5, at 1:15 p.m. The reception is free and open to the public. Refreshments will be served.

The group exhibition includes an installation by Laura Lakanen (Gwinn, Mich.), photographs by Stephanie Trevino (Hubbell, Mich.), and comic book illustrations by Sarah Anderson (Houghton, Mich.).

"Each exhibitor has used an assortment of techniques and styles to express their imaginative points of view," says Reflection Gallery director sophomore Rachel Reidenga (Wetmore, Mich.). "All three artists demonstrate their own unique talent in each piece they have made."

Laura Lakanen describes her installation called, "Home" as a mixed media exploration of how individuals are connected to certain places and people. She says it attempts to uncover the mysteries and secrets that families guard, sometimes even from each other.

Sarah Anderson sees her work as a way to make people laugh. She points out that comic pages are more than just characters on a page, and that the text is an important element of her artwork.

"Titles should do more than simply describe a piece; they should be as much a part of the piece as the composition and pallet," Anderson says.



*"Home," by Laura Lakanen*

"The story should be enhanced by the image."

The series "Doll Dreams" by Stephanie Trevino, is a photo-comic about the lives and loves of a motley group of dolls, toys, and figurines.

The Reflection Gallery is on the second level of Finlandia's Jutila Center campus, Hancock. For information, contact Yueh-mei Cheng at 487-7375.



*"Remember When We Met," photography by Stephanie Trevino*

### Stay Fit at the Paavo Nurmi Center

#### Fitness Center Hours

Monday-Friday: 7 am to 6 pm

Saturday: 9 am to 2 pm

Sunday: 1 pm to 4 pm

#### Indoor Walking

Tues. & Thurs: 7:30 to 9 am

Mon. to Fri: 12 to 1 pm

Paavo Nurmi Center Gym

18 laps equals one mile

#### Pool Hours

##### Adult Fitness

Monday-Friday: 7 to 8:30 am /  
11:30 am to 1 pm / 4:30 to 6 pm

##### Open Swim

Friday: 6:30 to 8 pm

Sunday: 1:30 to 3:30 pm

##### Aqua Fit

Monday & Wednesday: 6 to 7 pm

Saturday: 9 to 10 am

*The pool is closed Saturdays,  
except for Aqua Fit.*

### Lunch-time Indoor Walking Club

On your next lunch hour, grab some friends and a pair of sneakers and meet at the Paavo Nurmi Center gym.

The gym will be open for indoor walking from 12:00 -1:00 p.m. everyday for all to use.

Everyone is welcome. For information contact Kellie Raffaelli at 487-7324.

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## Youth Soccer Clinic Saturday, February 28

Youth ages eight to 18 are invited to take part in a soccer clinic Saturday, February 28, at the Paavo Nurmi Athletic Center.

Ages 8 to 11 will meet from 9:00 to 11:00 a.m.; ages 12 to 18 will meet from 12:00 to 2:30 p.m.

The clinic is designed to teach the basics of the game, including footwork, ball control, and shooting fundamentals. Advanced players will have the opportunity to work one-on-one with the coaches.

The clinic will be instructed by Matt Griffith, head men's and women's soccer coach, and student-athletes and coaches.

Clinic participants should bring indoor soccer shoes or gym shoes, and a water bottle. Size 5 soccer balls will be provided.

The cost for the clinic is \$20.00

for youth ages eight to 11, and \$25.00 for ages 12 to 18.

For information contact Matt Griffith at 487-7326 or [matt.griffith@finlandia.edu](mailto:matt.griffith@finlandia.edu).



## Women's Basketball in the Pink Zone

The Finlandia women's basketball team is participating in "Pink Zone" week, sponsored by the Women's Basketball Coaches Association.

At this Saturday's home contest against Northland Baptist Bible College, starting at 12:00 p.m. at the Paavo Nurmi Center, the women will continue their month-long support for breast cancer awareness by wearing pink shoelaces and pink warm-up shirts.

The coaches are also showing their support by wearing pink wristbands.

Fans are likewise encouraged to support the cause this Saturday by wearing pink, making donations for cancer research, and bidding on a pink warm-up shirt autographed by the women's basketball team. All donations and proceeds from the autographed shirt will go to the Kay Yow / WBCA Cancer Fund.

## Saturday Time Changes

The start time for three Finlandia home athletics games this Saturday, February 21, have been changed as follows:

Women's Basketball vs. Northland Baptist Bible College: 12:00 p.m., Paavo Nurmi Center.

Men's Basketball vs. Northland Baptist Bible College: 2:00 p.m., Paavo Nurmi Center.

Women's Hockey vs. University of Wisconsin-Superior: 3:00 p.m. at the Houghton County Arena.

## Athletic Events

### Men's Hockey

**FEBRUARY**

20-22 MCHA Playoffs TBA  
27-28 Harris Cup TBA

**MARCH**

11 NCAA First Round TBA  
14 NCAA Quarter Finals TBA  
21-22 NCAA Final Four TBA

### Men's Basketball

**FEBRUARY**

21 Northland B.B. Coll. 3 pm

### Men's Baseball

**MARCH**

8-13 Gene Cusic Classic, FL  
8 Southern Vermont College TBA  
9 Eastern Nazarene College TBA  
10 Carroll College TBA  
12 Dominican University TBA  
13 U.S. Coast Guard TBA  
29 Augsburg Coll. (Minneapolis) 10 pm

### Women's Basketball

**FEBRUARY**

21 Northland B.B. College 1 pm

### Women's Hockey

**FEBRUARY**

20 Univ. of Wisc.-Superior 7 pm  
21 U. of Wisc.-Superior 2:15 pm

27, 28 or March 1 NCHA First Round Playoffs TBA

**MARCH**

6-8 NCHA Finals at No. 1 Seed

### Women's Softball

**FEBRUARY**

**Finlandia Dome Tournament**

27 University of Minn.-Morris 4 pm  
27 Concordia Univ.-Wis. 7:30 pm  
28 Bethany Luth. Coll. 12:30 pm  
28 Bethany Lutheran Coll. 2:15 pm  
28 Univ. of Minn. - Morris 5:45 pm  
3/1 U. of Wis.-LaCrosse 12:30 pm

**MARCH**

6-14 Spring Trip, Cocoa Expo  
Softball Spring Training TBA

Home games are in bold.

## Golf Clubs for Sale

Titleist 735 Forged Combo Irons, 3-PW

-1 degree upright; ¼ inch over standard

-Royal Precision Rifle 6.5 Flighted shafts

-\$300

PING i3 Left Hand Irons, 4-PW

-1 degree upright; ½ inch over standard (Blue Dot)

-Ping standard stiff flex

-\$250

Contact Chris Salani at 487-7378 or [chris.salani@finlandia.edu](mailto:chris.salani@finlandia.edu).

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*Terri Martin presented a Writer's Journey seminar about children's books Thursday, February 19*

## MAKI LIBRARY HOURS

**January 12 – May 1**

**Monday-Thursday:**

8 am to 10 pm

**Friday:** 8 am to 5 pm

**Saturday:** 1 to 5 pm

**Sunday:** 2 pm to 7 pm

*Unless otherwise posted*

## Chapel Schedule

**MONDAYS, 12:30-1:00 PM**

Student-led praise songs, prayers, and meditations.

**WEDNESDAYS, 12:30-1:00 PM**

A liturgical worship service. Holy Communion is celebrated.

## Relay for Life March 20

Students are invited to join the Finlandia University Relay for Life Team in MTU's Student Relay on March 20, 2009. Relay for Life is a great opportunity to join the fight against cancer!

For information or to join or create a Relay team, contact Kelley Martin at 487-7230 or [kelley.martin@finlandia.edu](mailto:kelley.martin@finlandia.edu).

## Fall Leaf Challenge Winner

There are still leaves on the Fall Leaf Challenge tree in front of the Hoover Center, but the winner is Janine Nottke, Purchasing and Facilities Management. Janine guessed that the final leaf would fall February 26.

Since her guess was the latest date, Janine has won a \$25.00 gift certificate from Gino's Restaurant, Hancock, compliments of the Advancement Department.

## News from Maki Library...

### Black History Month Internet Resources

Black History Month is celebrated annually in February to honor the culture, heritage, and history of African Americans. The following information resources will lead you to some in-depth information about Black history and its significance in our culture.

According to Internet Public Library ([www.ipl.org](http://www.ipl.org)), the history of Black History Month celebrates contributions made by African Americans and people of African descent around the world. It was started by African American Dr. Carter G. Woodson in 1926. Back then, it was called Negro History Week and was celebrated the second week of February. Now it is celebrated the entire month of February in the United States and Canada, and in the month of October in the United Kingdom.

#### Historical and Cultural Information:

African American Migration Experience

[www.inmotionaame.org/home.cfm](http://www.inmotionaame.org/home.cfm)

African American Web Connection

[www.aawc.com/aah.html](http://www.aawc.com/aah.html)

American.gov, Black History Month

[www.amlife.america.gov/amlife/diversity/black-history-month.html](http://www.amlife.america.gov/amlife/diversity/black-history-month.html)

Biography, Black History Month

[www.biography.com/blackhistory/](http://www.biography.com/blackhistory/)

The History Channel, Black History

<http://www.history.com/minisites/blackhistory>

Info Please, 500 Notable African Americans

[www.infoplease.com/spot/bhmbios1.html](http://www.infoplease.com/spot/bhmbios1.html)

The Library of Congress, African American Mosaic

[www.loc.gov/exhibits/african/intro.html](http://www.loc.gov/exhibits/african/intro.html)

Patchwork of Africa American Life

[www.kn.pacbell.com/wired/BHM/index.html](http://www.kn.pacbell.com/wired/BHM/index.html)

PBS, African American World

[www.pbs.org/wnet/aaworld/timeline/early\\_01.html](http://www.pbs.org/wnet/aaworld/timeline/early_01.html)

PBS, Eyes on the Prize

[www.pbs.org/wgbh/amex/eyesontheprize/](http://www.pbs.org/wgbh/amex/eyesontheprize/)

State of Michigan, Department of History, Arts and Libraries: Black History Month

[www.michigan.gov/hal/0,1607,7-160-17451\\_18670\\_21920-57586--00.html](http://www.michigan.gov/hal/0,1607,7-160-17451_18670_21920-57586--00.html)

*Compiled by Maki Library Staff*

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## Grubbie's CAFÉ

### Café Now Open at Finlandia Hall

It's been nearly four years in the making, and finally Grubbie's Café is a reality for owner and Finlandia University senior Matt Williquette.

On February 4, 2009, Grubbie's Cafe opened in Hancock. The restaurant is on the Finlandia campus on the first level of Finlandia Hall, the university's residence hall, at 625 Summit Street.

Grubbie's is open seven days a week, Sunday through Thursday, from 11:00 a.m. to 11:00 p.m., and Friday and Saturday from 11:00 a.m. to midnight.

The menu includes all the favorites, from homemade pizzas, milk shakes, and enormous cookies to mozzarella sticks, quarter-pound burgers, soups, chili, veggie wraps, and garden burgers.

This Saturday, February 21, the café is co-sponsoring a blues dance with The Dance Alliance. Dance lessons will take place from 4:00 to 6:00 p.m., and The Black and The Blues band will perform live from 6:00 to 11:00 p.m.

Next Friday, February 27, the café will celebrate its grand opening and kick off an extended karaoke contest.

Development of the restaurant began to take shape late in 2005. Williquette says that his fellow students have been asking for a café at the residence hall for some time. When he learned that Finlandia President Philip Johnson also wanted to make this happen, he began talking with Bill Melchiori, former director of student life.

Williquette's vision for Grubbie's is a restaurant that provides its customers with good, hearty food at extremely affordable prices. He

hopes to open more than 350 Grubbie's Cafes across the U.S. within 10 or 20 years.

He sees Grubbie's Cafe as a place where people of all ages can enjoy great food, chill out and relax after a hard day at work or school, browse the internet, or just get some food on their way home. Grubbie's also invites clubs and organizations to hold meetings at the café.

It's something that started simply. "It's funny, how the idea came to be," Williquette explains. "I was talking with the people who ran the Snack Shop at Finlandia Hall several years ago, and the ideas began to flow.

"I don't like doing anything small, so the business plan was refined, and refined again, and finally it was approved by the university."

The café employs ten workers, including a manager and several Finlandia and Michigan Tech students.

Williquette is a full-time student at Finlandia with a dual major in liberal studies and business. He is also the business manager for



Pottery by Jon Brookhouse

Finlandia's student newspaper, the *Roar*, and a member of the Student Senate.

"I'm managing pretty well," Williquette says of the many activities he is engaged in. "I have classes Monday and Wednesday mornings, and my teachers have been flexible. The key is managing my time properly."

Williquette, 35, is originally from Green Bay. He has been living in the Copper Country for seven years.

For more information, visit the Grubbie's Café website at [www.grubbiescafe.com](http://www.grubbiescafe.com), or call them at 906-483-2020.



Digital art by Jonathan Soper

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## WASTE MANAGEMENT RECYCLING GUIDELINES

Many items can be recycled in Houghton. Please follow these guidelines.

### ACCEPTABLE ITEMS

#### PAPER

- Office paper (any color, except fluorescent) including bond, photocopy, printer/laser, notebook, legal, fax, and plotter). Shredded is OK, if placed in plastic bags.
- Envelopes including white, pastel, interoffice, and brown envelopes with string closure. Labels and windows are OK. NO Tyvek (reinforced-fiber) or padded envelopes
- Magazines and catalogs
- Newspapers and inserts
- Telephone books
- Post-it notes
- Junk mail (unopened is OK)
- Paperback books
- Hard cover books
- Soft cover computer manuals
- Manila file folders
- White/pastel packing paper (NO tissue paper)
- White boxboard or card stock
- Soft drink or beer cartons
- Cereal box-type cardboard (remove inner packaging)
- Paper bags or other brown paper
- Plastic grocery store handle bags
- Gray paperboard, boxboard, egg cartons
- Dark-colored accordion files
- Corrugated cardboard

#### PLASTIC

- Plastics: #1 PETE or #2 HDPE only

#### METAL

- Metal cans, tin cans, jar lids, and foil products



### UNACCEPTABLE ITEMS

- NO Plastic transparencies or photographs
- NO Metal spiral or plastic ring bindings
- NO Candy wrappers or chip bags
- NO Pizza boxes or other food containers
- NO Brightly colored (fluorescent) paper
- NO Tyvek (reinforced-fiber) or padded envelopes
- NO Paper towels, napkins, or tissue paper
- NO Dark-colored hanging files
- NO Carbon paper (carbonless is OK)
- NO Waxed paper
- NO Paper ream wrappers (most are plastic-coated or tan inside)
- NO GLASS of any kind
- NO PLASTIC other than #1 PETE or #2 HDPE

#### PLEASE NOTE:

- The Waste Management recycling program is now single-stream. All acceptable recycling may be mixed.
- Individual recycling programs have guidelines that depend on available markets. Something considered recyclable at other locations is not necessarily accepted in Houghton.
- Please rinse or wash items for recycling as needed.
- Please remove staples and clips. Small amounts of tape are OK.
- Please do not drop off unacceptable items. If contamination becomes a problem, Waste Management may have to begin charging a fee to drop off recycling.

#### WINTER HOURS: NOV 1-APRIL 30

Monday and Wednesday: 8:00 a.m. to 5:00 p.m.  
Thursday: 8:00 a.m. to 7:00 p.m.

#### SUMMER HOURS: MAY 1-OCT 31

Monday, Tuesday, Wednesday, and Friday:  
9:00 a.m. to 3:00 p.m.  
Thursday: 9:00 a.m. to 7:00 p.m.

#### LOCATION

1108 Enterprise Drive, Houghton, south of Sharon Ave. across from Charter Communications  
Phone: 482-0320